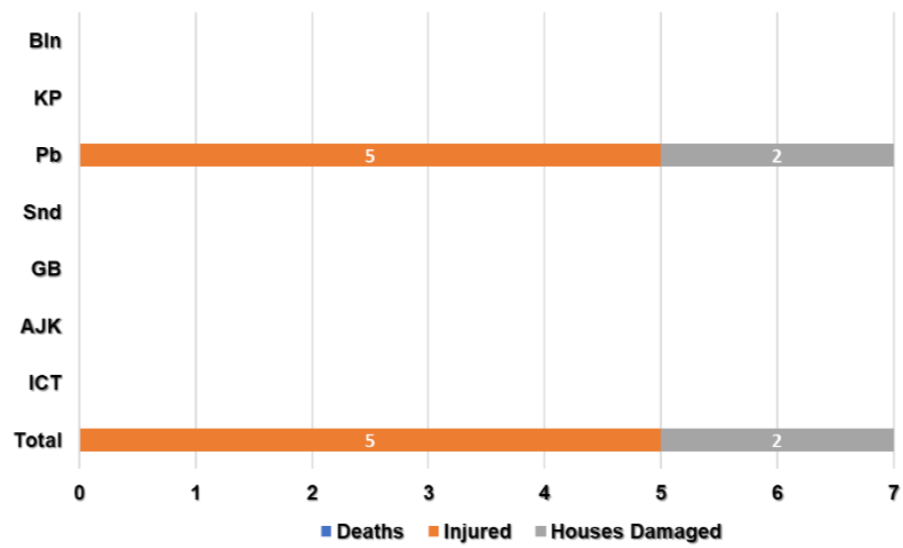


TOP RAINFALL RECORDED LAST 24 HOURS (MM)

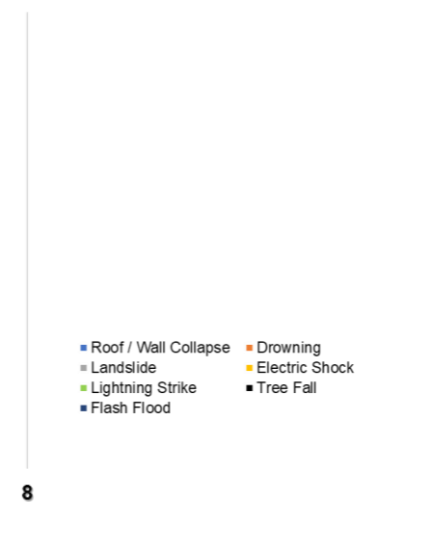
- Balochistan.** Zhob 7
- Khyber Pakhtunkhwa.** Parachinar 19, Chitral 1
- Punjab.** Sialkot 20, Gujrat 12
- Sindh.** Tharparkar 15, Padidan 8, Karachi 7, Chhor 4, Sh. Benazirabad 2, Badin 1, Tando Jam 1, Thatta 1
- Gilgit-Baltistan.** Gilgit 1
- State of AJ&K.** Hajira 1
- ICT.** Nil

Data Source: PMD

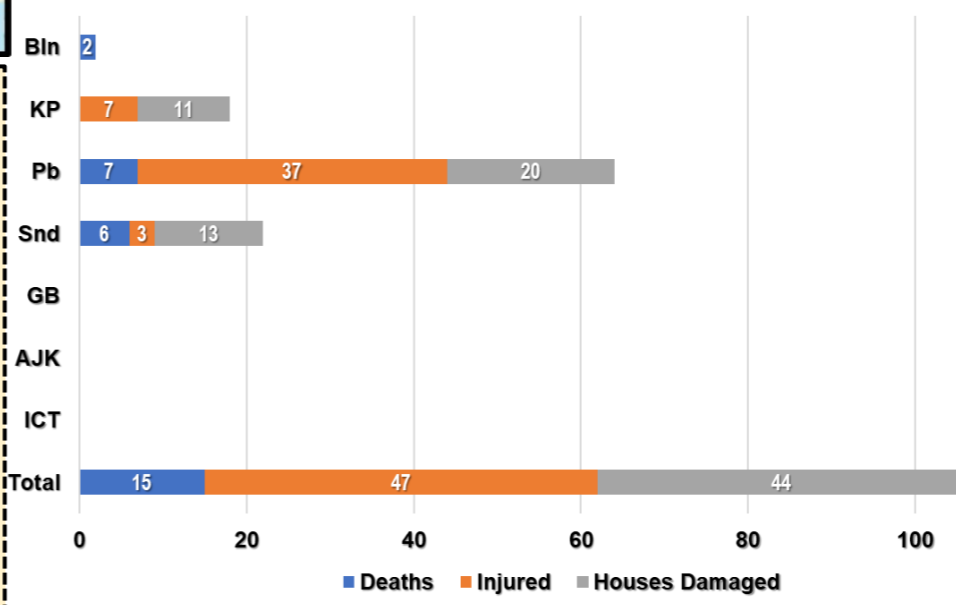
Losses & Damages Last 24 Hours



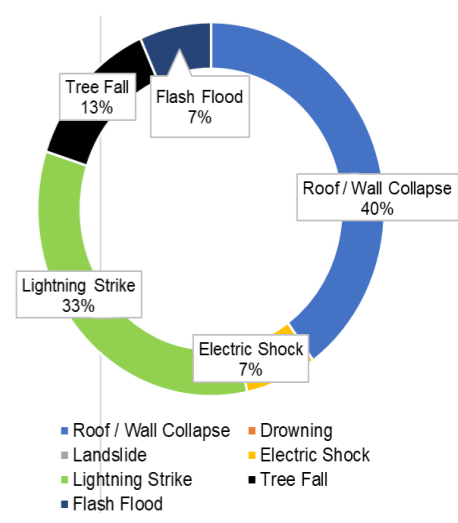
Last 24 Hrs Deaths Categorization



Cumulative Losses & Damages (1-9 Jul)

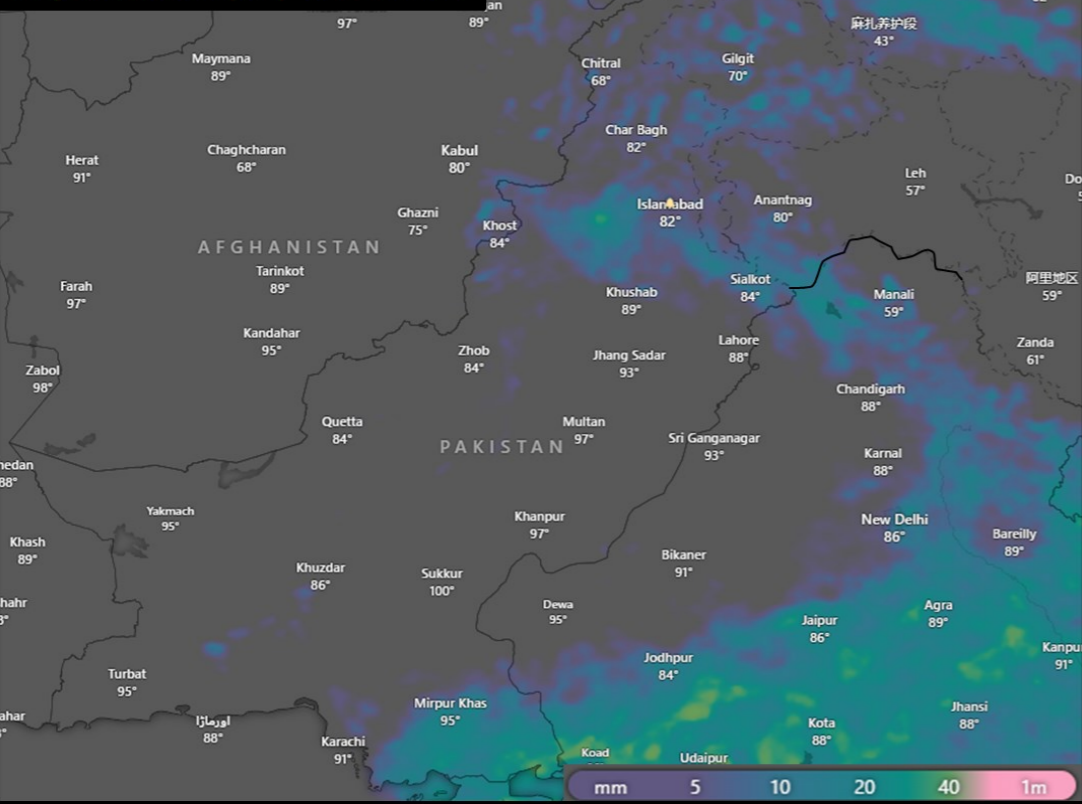


Cumulative Deaths Categorization



Note: Losses / Damages data is provided by PDMAs / GBDMA / SDMA / Govt Depts and is preliminary.

Projected Rainfall (mm) Next 48 Hours



Details	Tarbela Dam	Mangla Dam	
MCL (Feet)	1,550.00	1,242.00	
Dead Level (Feet)	1,402.00	1,050.00	
Water Level (Feet)	1,517.35	1,192.80	
Change Last 24 hrs (Feet)	+2.86	+0.75	
Storage (MAF)	Max	5.809	7.356
	Present	3.996	3.818
Change Last 24 hrs	+0.142	+0.045	
% Dam Filled	69.00	52.47	
% Change Last 24 hrs	+3.00	+0.62	

Data Source: WAPDA

Details	Bhakra	Pong	Thein	
MCL (Feet)	1,680.00	1,390.00	1,732.00	
Water Level (Feet)	1,590.40	1,306.79	1,646.24	
Change	+6.01	-0.29	-1.48	
Storage (MAF)	Max	5.050	4.991	1.900
	Present	1.696	0.924	0.583
Change	+0.14	-0.008	0	
% Dam Filled	34	19	31	
% Change	+3	0	0	

Data Source: PCIV

River	Site	Inflow	Outflow	Status
Indus	Tarbela	180,000	128,800	NORMAL
	Kalabagh	217,049	209,059	NORMAL
	Chashma	228,243	223,093	NORMAL
	Taunsa	213,238	184,438	NORMAL
	Guddu	166,709	125,940	NORMAL
	Sukkur	115,005	63,895	NORMAL
Kabul	Kotri	25,150	1,485	NORMAL
	Nowshera	68,500	68,500	LOW
	Mangla	40,000	20,000	NORMAL
Jhelum	Rasul	14,735	11,895	NORMAL
	Marala	47,111	15,286	NORMAL
	Khanki	35,579	27,929	NORMAL
	Q. Abad	20,710	1,185	NORMAL
Chenab	Trimmu	43,808	28,158	NORMAL
	Panjnad	21,855	8,055	NORMAL
	Jassar	3,141	3,141	NORMAL
Ravi	Shahdara	17,800	17,800	NORMAL
	Balloki	37,565	9,265	NORMAL
	Sidhnai	20,127	4,627	NORMAL
	GS Wala	2,810	2,810	NORMAL
Sutlej	Sulemanki	20,236	8,136	NORMAL
	Islam	6,293	4,293	NORMAL

FORECASTED IMPACT NEXT 24-48 HOURS

- Balochistan.** **Mainly hot and humid weather** is expected in most districts of the province. However, **rain-wind/thundershower** is likely at **isolated places** in Zhob, Barkhan, Shirani, Musa Khel, Kohlu, Sibbi, Dera Bugti, Jhal Magsi, Loralai, Khuzdar, Awaran, Gwadar, Lasbela and surroundings. **Heavy falls** also **likely at isolated places** in lower Balochistan.
- Khyber Pakhtunkhwa.** **Rain-wind/thundershower** is expected at **isolated places** in Galiyat, Dir, Swat, Shangla, Battagram, Haripur, Swabi, Mardan, Nowshera, Peshawar, Kohat, Hangu, Karak, Tank, Khyber, Mohmand, Bajaur, Karam, Lakki Marwat, Waziristan, Bannu and Dera Ismail Khan. **Hot and humid weather** is expected in other districts of the province.
- Punjab.** **Mainly hot and humid weather** is expected in most districts of the province. However, **rain-wind/thundershower** is expected at **isolated places** in Murree, Rawalpindi, Jhelum, Chakwal, Attock, Layyah, Narowal, Sialkot, Taunsa, DG Khan, Multan, Sahiwal, Okara, Khanewal, Bahawalnagar, Bahawalpur, Rajanpur and Rahim Yar Khan.
- Sindh.** **Mainly hot and humid weather** is expected in most districts of the province. However, **rain-wind / thundershower** likely at **isolated places** in Jacobabad, Sukkur, Shikarpur, Qambar Shahdadkot, Larkana, Dadu, Padidan, Umarkot, Tharparkar, Mirpur Khas, Badin, Sujawal, Thatta and Karachi.
- Islamabad Capital Territory.** **Mainly hot and humid weather** with chances of **rain/wind-thundershowers**
- Gilgit Baltistan.** **Rain-wind / thundershowers** expected at isolated places.
- State of AJ&K.** **Rain-wind / thundershowers** expected at isolated places.
- Flash flooding and landsliding** in hilly / mountainous regions of **Balochistan, KP, GB and AJ&K**
- Increased Temperatures & Rains** may trigger **GLOF Incidents** in vulnerable valleys of **KP and GB**

GUIDANCE ISSUED

- PDMA's to ensure **early warning & prompt response** in **vulnerable areas** in light of forecasted conditions
- PDMA's to undertake **regular public awareness on all media channels / social media** to maximise general public's knowledge on **risks associated with monsoon season**; heavy rains, urban flooding, flash flooding, landslides, etc.
- City / District Administrations** are to **ensure contingency plans** for areas vulnerable to flooding in urban centres, catering for **prompt de-watering operations in flooded areas**.
- NHA / FWO / Local C&W Depts** to **ensure pre-placement of machinery** and **timely restoration of damaged road linkages**.
- Rescue Services, Armed Forces** and leading **NGOs / CSOs** to **ensure availability of personnel / equipment** in the indicated areas & **be on stand-by for rapid response**.
- Ensure that **public avoid crossing nullahs** and **keep livestock away during adverse weather conditions**.
- Ensure that **public Does Not Venture Outside** during **Thunderstorms** and **Do Not Seek Shelter Under Trees** to **avoid risk of lightning strike**.
- Ensure that **public undertakes adequate measures** to **maintain their homes** from **adverse effects of heavy rainfall** in order to **avoid roof / wall collapses**.
- Additional **guidance** is available on **NDMA Website** and "**Pak NDMA Alert**" app available on Google **Play Store** and **iOS App Store**.